



Performance Sport 2012

Introduction

Northumbria University is widely recognised as one of the foremost Universities for sport in the UK. Over recent years, Northumbria has invested significant resources to ensure that students can experience sport services that are truly fit for the 21st century.

Today, Team Northumbria, the name of Performance Sport at Northumbria University, delivers more opportunities to enjoy and excel in sport than almost any other, and in facilities that are genuinely world class.

Sport Central

In September 2010, Sport Central, a brand new £30 million complex located in the heart of the city campus was opened to wide acclaim. This new centre of sporting excellence has been built to the highest standards and contains a variety of different features. Sport Central provides the services required by performance athletes to compete at the highest levels in sport.

The centrepiece of this landmark building is the 3,000 seat Sport Central Arena which hosts University, national and international sporting fixtures. During normal day to day operation, together with a further indoor hall, it provides

exceptional space for the majority of indoor sports. In addition to the arena, Sport Central offers a 25 metre swimming pool with a floating floor, a 12 metre climbing wall, 40 metre sprint track, Olympic standard strength and conditioning suite, glass backed squash courts, golf simulators and a 150 station fitness centre packed with high specification PRECOR equipment.

Sport Central is also the home of world class sport science research, expert coaches and support staff. Biomechanics, physiology, gait and integrated performance laboratories are to be found within Sport Central which provide the necessary support environment for our performance athletes.

Great Britain vs FYR Macedonia Eurobasket Qualifier



Performance Sport

At Northumbria University, we are committed to raising the bar and helping you realise your ambitions as a performance athlete.

Given the fantastic facilities and support we offer, we're confident you'll find everything you need to reach the next level right here.

We recognise that juggling University life and high level sport isn't easy and so we're here to help you achieve the perfect balance. The support we provide ensures you can get the most out of your sport, study and life as a student.

In addition we have a series of generous Sport Scholarships available which you can read about overleaf. These ground-breaking awards offer extra financial support and a package of world class support services to selected athletes across a wide range of sports.

So if you're on the road to glory, make sure you get in touch now and ask us about our Platinum, Gold, Silver and Bronze Scholarship Programmes.

Join us and you'll join one of the best Performance Sport Programmes in the country.

**Become part of
Team Northumbria**

Scholarships

Every year Team Northumbria awards generous Sport Scholarships to talented athletes studying at Northumbria University. Athletes awarded a Scholarship will benefit from financial support and a range of specialist support services designed to help student athletes achieve their potential.

There are four types of Scholarships available:

- Platinum
- Gold
- Silver
- Bronze

Our Scholarships are highly sought after. Therefore, when making your application, please ensure you give as much information about your achievements as possible.



Platinum Scholarships*

Full fees (up to £10k) for 3 years

Plus a package of support that includes;

- Pre-season screening
- Performance coaching
- Physiotherapy
- Massage therapy
- Access to other medical services as needed
- 1:1 and small group Strength and Conditioning
- Performance analysis
- Sport Central Platinum Membership
- Competition and training expenses (at TN Manager's discretion)
- Further support based on need and delivered individually

Expected athlete profile for Platinum Scholarship:

Golf (Men): Handicap of 1 or better or inclusion in a national squad.

Golf (Women): Handicap of 3 or better or inclusion in a national squad.

Netball: International representation at Senior, U21, U19 or U17 level. Inclusion in an NSL squad in 2011-12.

Volleyball: International representation at Senior, Junior or Cadet level. Inclusion in a Super 8s squad in 2011-12.



Fencing: International representation at Senior, Junior or Cadet level.

Judo: International representation at Senior, U20 (Talent Junior) or U17 (Talent Cadet) level.

Basketball: International representation at Senior, U20, or U16 level or equivalent.

All other sports: International representation at Senior or Junior level in a BUCS sport.

Only 1st year undergraduate or 1st year postgraduates can apply. Scholarships are open to home, EU or international students.

Applications for Platinum Scholarships will be open from December 2011 and will be assessed by the end of September 2012.

* Terms and Conditions apply

Gold Scholarships*

£3k per year for up to 3 years

Plus a package of support that includes:

- Pre-season screening
- Performance coaching
- Physiotherapy
- Massage therapy
- Access to other medical services as needed
- 1:1 and small group Strength and Conditioning
- Performance analysis
- Sport Central Platinum Membership
- Competition and training expenses (at TN Manager's discretion)
- Further support based on need and delivered individually

Expected athlete profile for Gold Scholarship:

Membership of an NGB Excel programme, Regional Squad or equivalent. Gold Scholarships are only available to athletes competing in BUCS sports. Scholarships are open to home, EU or international students.

Applications for Gold Scholarships will be open from December 2011 and will be assessed by the end of September 2012.

Silver Scholarships*

£1.5k per year for up to 3 years

Plus a package of support that includes:

- Pre-season screening
- Performance coaching
- Physiotherapy
- Massage therapy
- Access to other medical services as needed
- 1:1 and small group Strength and Conditioning
- Performance analysis
- Sport Central Platinum Membership
- Further support based on need and delivered individually

Expected athlete profile for Silver Scholarship:

Membership of an NGB Excel programme, Regional squad or equivalent. Silver Scholarships are only available to athletes competing in BUCS sports. Scholarships are open to home, EU or international students.

Applications for Silver Scholarships will be open from August 2012 and will be assessed by the end of September 2012. You must have accepted a place to study at Northumbria University to apply.

Bronze Scholarships*

Package of support that includes:

- Subsidised Physiotherapy
- Small group Strength and Conditioning
- Sport Central Platinum Membership
- Athlete Education Workshops

Expected athlete profile for Bronze Scholarship:

County standard or equivalent. Bronze Scholarships are only available to athletes competing in BUCS sports. Scholarships are open to home, EU or international students.

Applications for Bronze Scholarships will be open from August 2012 and will be assessed by the end of September 2012. You must have accepted a place to study at Northumbria University to apply.

More scholarships >

R&A - Northumbria University, along with 11 other UK Universities, receives generous funding from the R&A Foundation to assist with the education and development of talented young golfers and to enhance the standard of University golf. The R&A foundation also awards individual scholarships to selected students in full time education who meet minimum criteria of +1 or better for men, and 3 or better for women. Students wishing to make an application for a scholarship should apply via www.randa.org



TASS - The Talented Athlete Scholarship Scheme (TASS) is a government funded programme to support and fast-track young sporting talent, the potential medal winners of the future! TASS offers sport specific services to young athletes with sporting promise in a wide range of sports, with the aim of helping them fulfil their sporting potential whilst continuing their education. TASS provides athletes with a tailored package of services worth up to £3500 in value. Awards are granted on an annual basis with nominations made by their individual sporting National Governing Bodies.



Once accepted onto the scheme, support is provided through a network of accredited Universities and Colleges throughout England. As a TASS partner institution Team Northumbria has a great deal of experience servicing TASS athletes studying at Northumbria University. Further details can be found on the TASS website www.tass.gov.uk

Ross Creber - International Cyclist

Third year Sport and Geography student Ross Creber is riding high in his chosen sport as one of the UK's fastest-rising cyclists. Following in the footsteps of Northumbria graduate and Olympic gold medal winning cyclist Victoria Pendleton, the Scot is focused on success.

Ross earned a three-year Sports Scholarship in 2009 and has never looked back as he benefits from a package designed to suit the needs of a driven performance athlete.

A member of the Scotland squad at the 2010 Commonwealth Games and on course to achieve his aim to compete in the Tour de France, the ambitious endurance rider remains on course to realise his sporting dreams.

"I work hard to be a good student and a good cyclist but there aren't always enough hours in the day to do both," he said.

"Like other Sport Scholars at Northumbria I am grateful for the way the academic staff allow me to work around my cycling programme."



Contact Us and Applications • Northumbria University Prospectus and Course Information Line **0191 243 7420** • Performance Sport and Scholarship Applications **0191 243 7751** or email **performancesport@northumbria.ac.uk** • Alternatively why not visit our websites www.northumbria.ac.uk or www.teamnorthumbria.com

Name

Date of Birth Nationality

Home address

Postcode

Term time address (if applicable)

Postcode

Home telephone Mobile telephone

E-mail addresses

What is your current status?
 Applicant 1st Year 2nd Year 3rd Year 4th Year Postgraduate

UCAS Number (if applicable)

Student User ID (if applicable)

Course studying or applied for

Your Sport

Position or Discipline

Highest Ranking

PB/Handicap

Current Club

Current Coach

continued overleaf...

Please give details of your most recent achievements in sport, specifying competition, age category, event and year achieved (please see our minimum entry requirements before completing this section). Tell us about any recent* inclusion in Excel, National or International squads or Regional and County squads. (*within two years)

Please give details of any National funding you are receiving i.e. World Class Performance and TASS (this will not exclude the applicant from Northumbria University funding)

Signature

Date

Once completed, please send all applications to:

The Performance Sport Assistant, Northumbria University, 6 North Street East, Newcastle upon Tyne, NE1 8ST

Alternatively email them to performancesport@northumbria.ac.uk

- Applications for the Platinum and Gold Scholarships open December 2011
- Applications for the Silver and Bronze Scholarships will open 16th August 2012 (Please note applications will only be accepted from athletes that have been offered and accepted a place of study at Northumbria University)
- Application deadline for all scholarships is Monday 24th September 2012
- Decisions will be made by the end of September 2012